ABSTRACT

"No Smoking Inside the House" Indicator Achievement: 2025 PHBS Survey, UPTD Sungai Kapih Community Health Center

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The indicator of not smoking inside the house, as part of the Clean and Healthy Living Behavior (PHBS) framework, can serve as a basis for health promotion planning

Describing the achievement of the "no smoking inside the house" indicator based on the 2025 PHBS (Clean and Healthy Living Behavior) survey within the working area of the UPTD Sungai Kapih Community Health Center

This descriptive study utilizes secondary data from the 2025 PHBS (Clean and Healthy Living Behavior) survey, which includes 401 household heads as respondents. The variables are examined based on the classification of indicators found in the survey summary. The analysis presents achievement percentages and comparisons across indicators. Details regarding sample selection, instruments, and measurement procedures are not yet available; therefore, the representativeness of the sample and the accuracy of the classifications cannot be assessed.

The achievement for the indicator of not smoking inside the house stands at 89.28%, which is lower than most other PHBS (Clean and Healthy Living Behavior) indicators, which exceed 94%. The underlying causes of smoking behavior and the level of awareness among family members were not measured.

The indicator for not smoking inside the house is among those with the lowest achievement levels. These findings can support the prioritization of health promotion efforts. Further assessment is required to identify associated factors and the need for interventions; this study does not evaluate causal relationships or the effectiveness of interventions.

Keyword : Smoking behavior, Clean and Healthy Living Behavior (PHBS), UPTD Sungai Kapih Community Health Center